

MPOX SYMPTOMS AND TRANSMISSION

MPOX SYMPTOMS

1. Prodromal phase (0-5 days):

- Fever
- Intense headache
- Lymphadenopathy (swelling of lymph nodes)
- Back pain and muscle aches
- Intense lack of energy



2. Skin eruption phase (1-3 days after fever onset):

- Rash, often beginning on the face and then spreading
- Lesions can appear on the palms of hands, soles of feet, oral mucous membranes, genitalia, and conjunctivae (eyes)



MPOX TRANSMISSION

1. Direct contact with the blood, bodily fluids, or cutaneous or mucosal lesions of infected animals

2. Human-to-human transmission:

- Close contact with respiratory secretions, skin lesions of an infected person, or recently contaminated objects
- Prolonged face-to-face contact, exposing one to respiratory droplets
- Intimate physical contact, including sexual contact
- Contact with contaminated materials such as clothing or bedding